

# Health Risks Assessment

## A WHO perspective

Dr E. van Deventer



World Health  
Organization

# Outline

- Introduction
- Health risk assessment
- WHO HRA monographs
  - IARC monographs on the evaluation of carcinogenic risks to humans
  - Environmental Health Criteria monographs
- Conclusion





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## HIGHLIGHTS



WHO/Ahmed Tajudin

**Somalia is again polio-free**

25 March 2008 -- With no new cases reported in a year, Somalia is again polio-free, the Global Polio Eradication Initiative announced today. Some 10 000 volunteers and health workers vaccinated more than 1.8 million children under the age of five to wipe out the disease.

[News release on polio in Somalia](#)**Poor sanitation threatens public health**

20 March 2008 -- Six out of every 10 Africans do not have access to a proper toilet, according to preliminary data on sanitation in Africa released today. About 2.6 billion people around the world have no access to a toilet at home and thus are vulnerable to a range of health risks.

[News release on sanitation](#)[Iraqi health workers](#)

First-hand accounts

[Sanitation](#)

10 facts on its role in health



60

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## KEY WHO INFORMATION

[Director-General](#)

Director-General and senior management

[Governance of WHO](#)

WHO Constitution, Executive Board and World Health Assembly

[Media centre](#)

News, events, fact sheets, multimedia and contacts

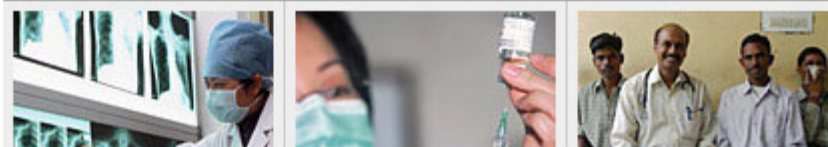
[International travel and health](#)

Publication on travel risks, precautions and vaccination requirements

[World Health Report](#)

Annual report on global public health and key statistics

## World TB Day



POWER LINES



RADAR



TRAINS



0 Hz     $10^2$      $10^4$      $10^6$      $10^8$      $10^{10}$      $10^{12}$

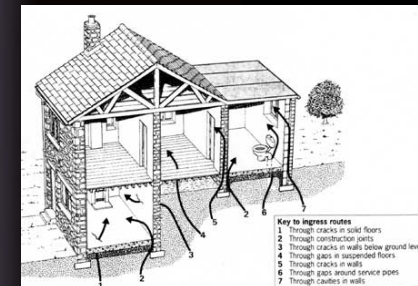
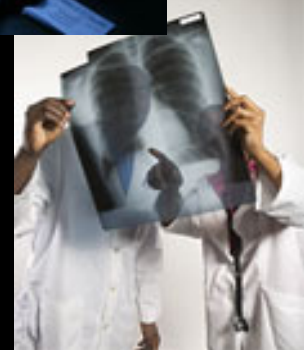
FREQUENCY (Hz OR CYCLES PER SECOND)



VISIBLE LIGHT



X-RAY



- Key to ingress routes
- 1 Through cracks in solid floors
  - 2 Through construction joints
  - 3 Through cracks in walls below ground level
  - 4 Through gaps in suspended floors
  - 5 Through cracks in walls
  - 6 Through gaps around service pipes
  - 7 Through cavities in walls

CELL PHONE

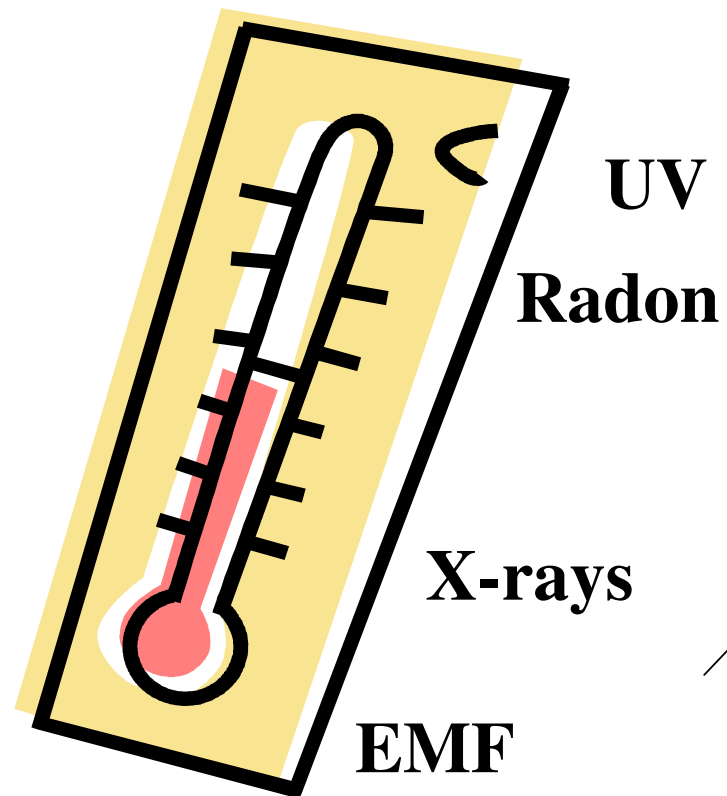


PERSONAL COMPUTER

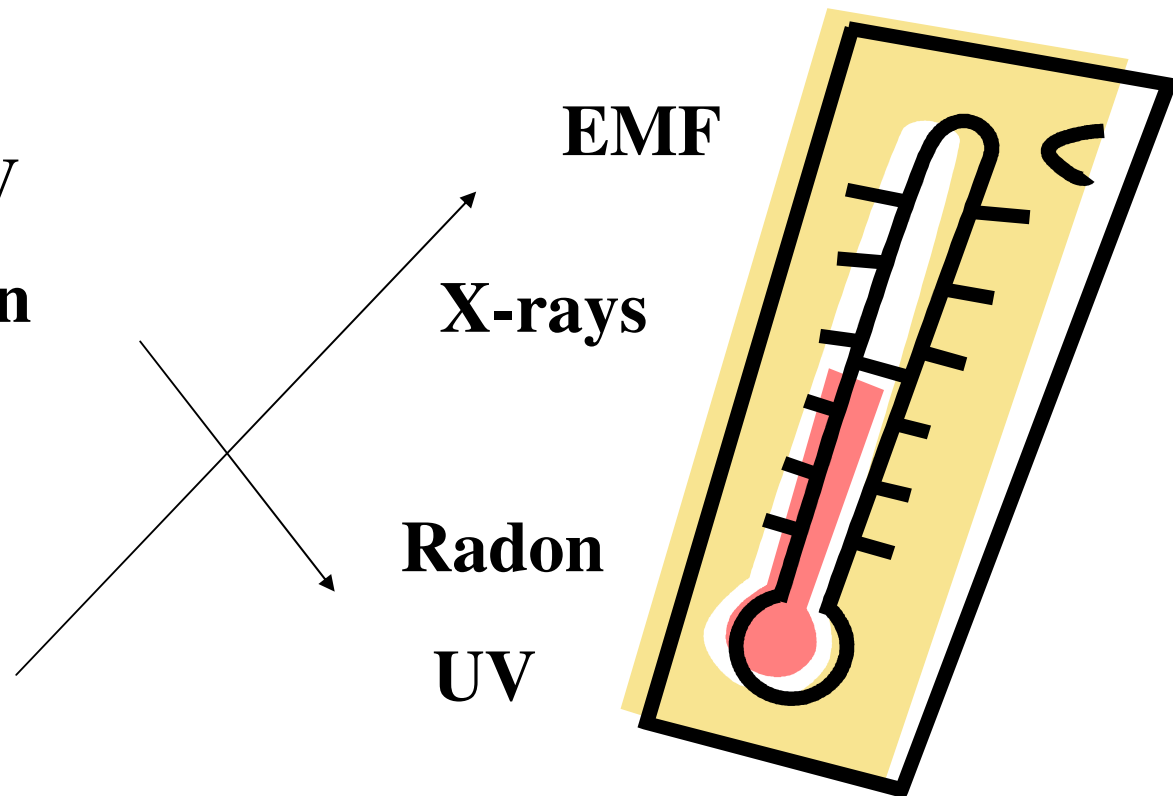


# Radiation

## *Public Health*



## *Public Concern*



# WHO and Radiation

CLUSTER

Health Security and Environment (HSE)

DEPARTMENT

Public Health and Environment (PHE)

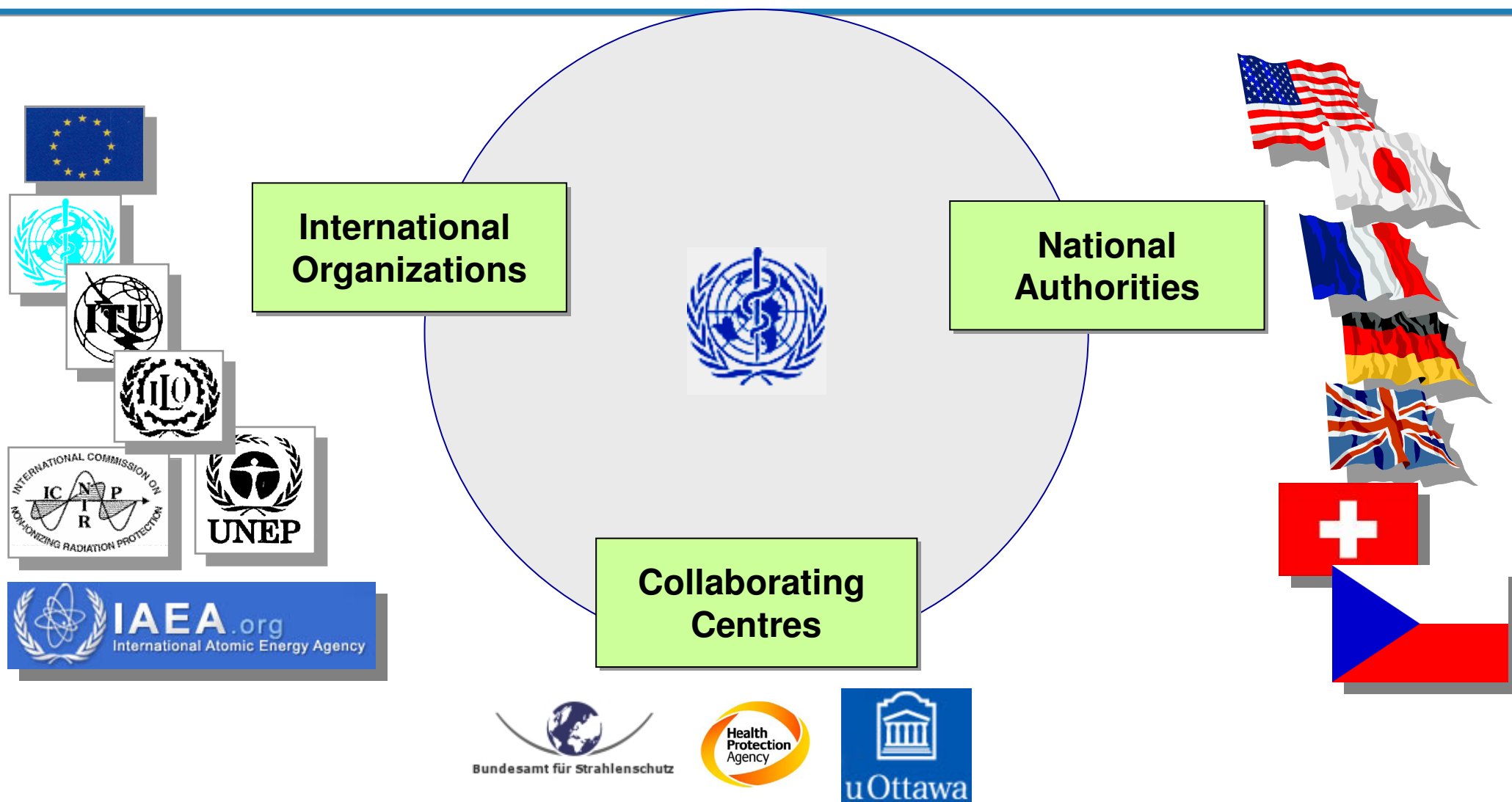
PROGRAM

Radiation (RAD)

*International*  
**EMF** Project



# WHO Partners in Radiation





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## Electromagnetic fields (EMF)

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## Participating countries & entities in EMF Project

Click on your location in the map below to find information on contact details and activities relating to EMF in your area.



|                            |                                  |
|----------------------------|----------------------------------|
| WHO African Region         | WHO European Region              |
| WHO Region of the Americas | WHO Eastern Mediterranean Region |
| WHO South-East Asia Region | WHO Western Pacific Region       |



[Participating countries & entities in EMF Project](#)

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[Standards Framework](#)  
[More information](#)

[Fact Sheet N°304](#)  
[Base stations and wireless technologies](#)

### QUICK LINKS IN THE EMF SITE

[Fact Sheets and Information Sheets](#)  
[Full text](#)

[The EMF Standards World Wide Database](#)  
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http://www.who.int/peh-emf/project/mapnatreps/amro/en/

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 **World Health Organization**

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| Health topics                            |  <a href="#">printable version</a>                                                                                                                  |
| Publications                             |                                                                                                                                                                                                                                      |
| Data and statistics                      |                                                                                                                                                                                                                                      |
| Programmes and projects                  | <b>WHO Regional Office for the Americas (AMRO)</b>                                                                                                                                                                                   |
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| About electromagnetic fields             | :: <a href="#">Canada</a>                                                                                                                                                                                                            |
| EMF Project                              | :: <a href="#">Cuba</a>                                                                                                                                                                                                              |
| Research                                 | :: <a href="#">Ecuador</a>                                                                                                                                                                                                           |
| Standards                                | :: <a href="#">Peru</a>                                                                                                                                                                                                              |
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# WHO International EMF Project

- Established in 1996
- Coordinated by WHO HQ
- A multinational, multidisciplinary effort to create and disseminate information appropriate to human health risk assessment for EMF

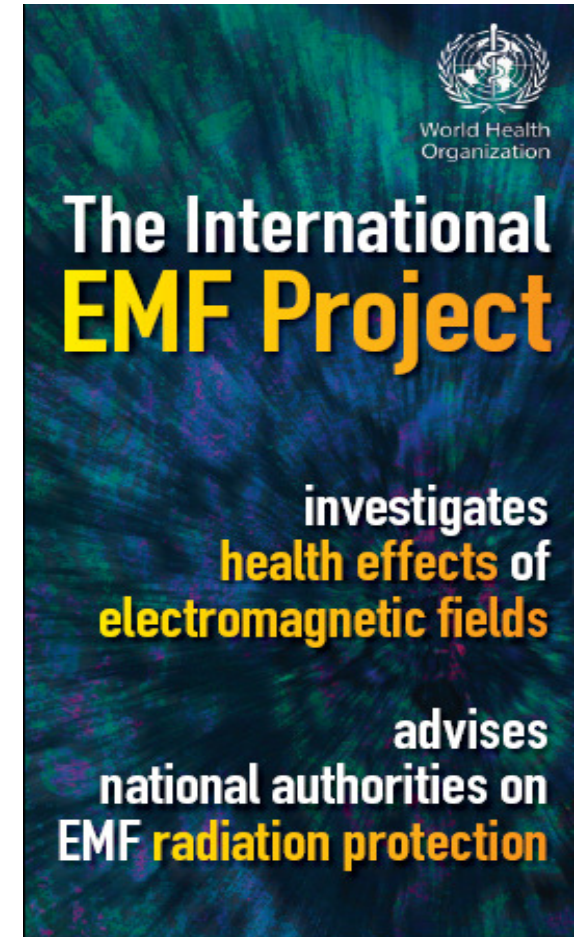


# WHO International EMF Project

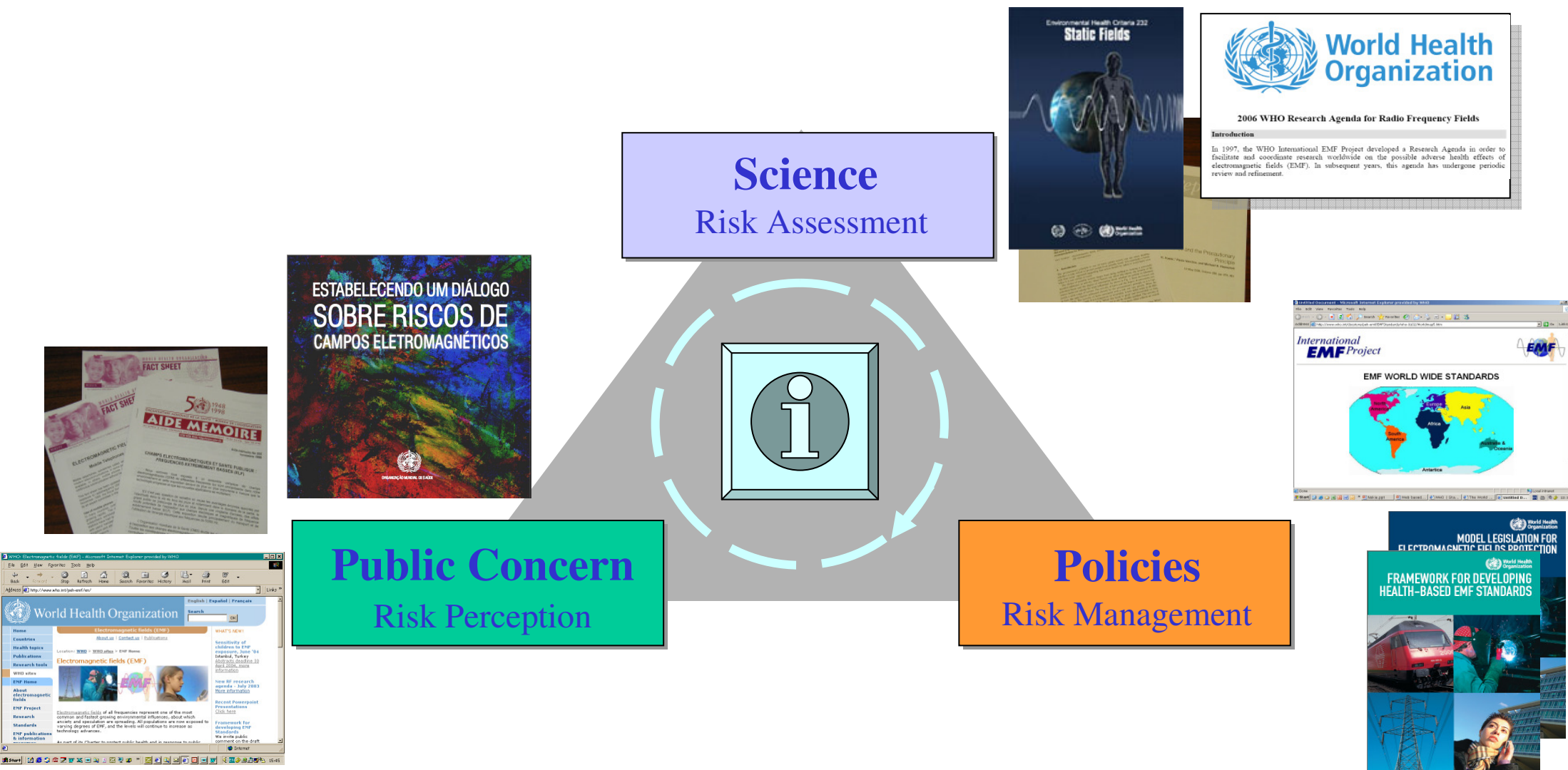
Through the EMF Project, WHO provides scientific information and practical advice on the health impact and environmental effects of exposure to electromagnetic fields.

## Objectives

- Review the scientific literature on health effects of EMF exposure and formally assess health risks;
- Promote a focused agenda of high quality EMF research;
- Encourage internationally acceptable harmonized standards;
- Provide information on risk perception, risk communication, risk management



# EMF: An environmental risk?



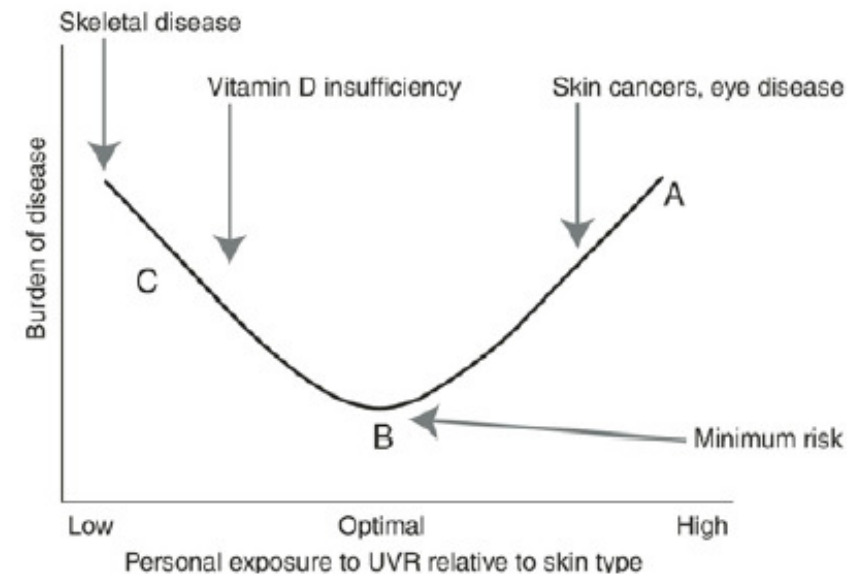
World Health  
Organization

# WHO Global UV Project *INTERSUN*



- Established in 1995
- Original partners
  - United Nations Environmental Programme (**UNEP**)
  - World Meteorological Organization (**WMO**)
  - International Commission on Non-Ionizing Radiation Protection (**ICNIRP**)
  - International Agency for Research on Cancer (**IARC**)

*To reduce the global burden of disease resulting from exposure to UV radiation*



World Health  
Organization

# INTERSUN Programme

Through INTERSUN, WHO provides scientific information and practical advice on the health impact and environmental effects of exposure to UV radiation.

## Objectives

- Promotes **research**
- Quantifies **health risks** of UV radiation
- Facilitates **public and occupational programmes** to reduce UV-related health risks
- Develops **practical resources** for sun protection in schools
- Promotes the **UV Index**



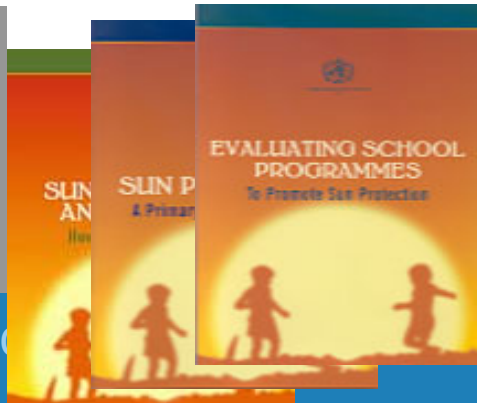
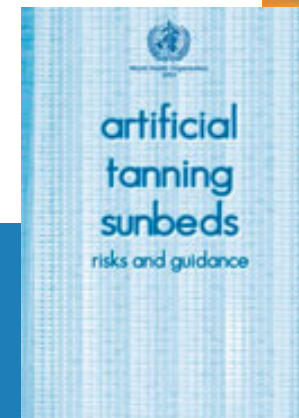
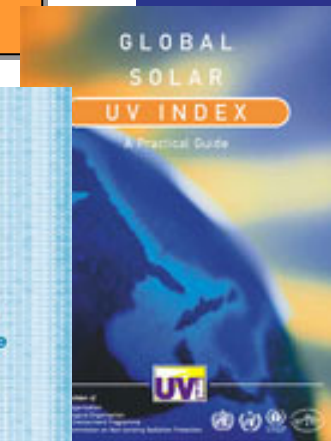
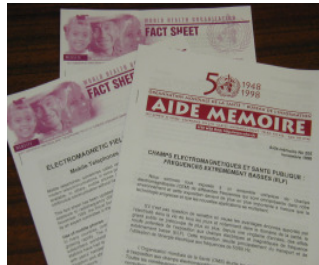
# UV: An environmental risk !!

## Science Risk Assessment



## Public Awareness Risk Perception and communication

## Policies Risk Management



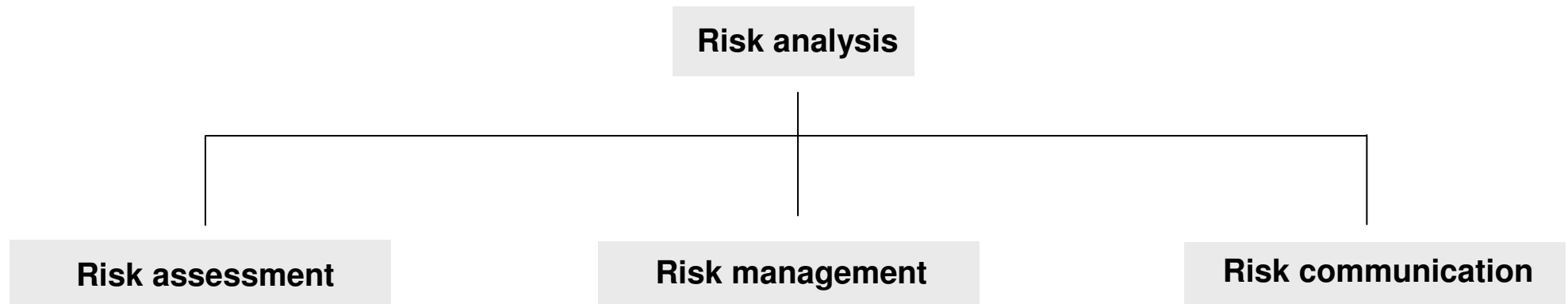
# Outline

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- Introduction
- Health risk assessment



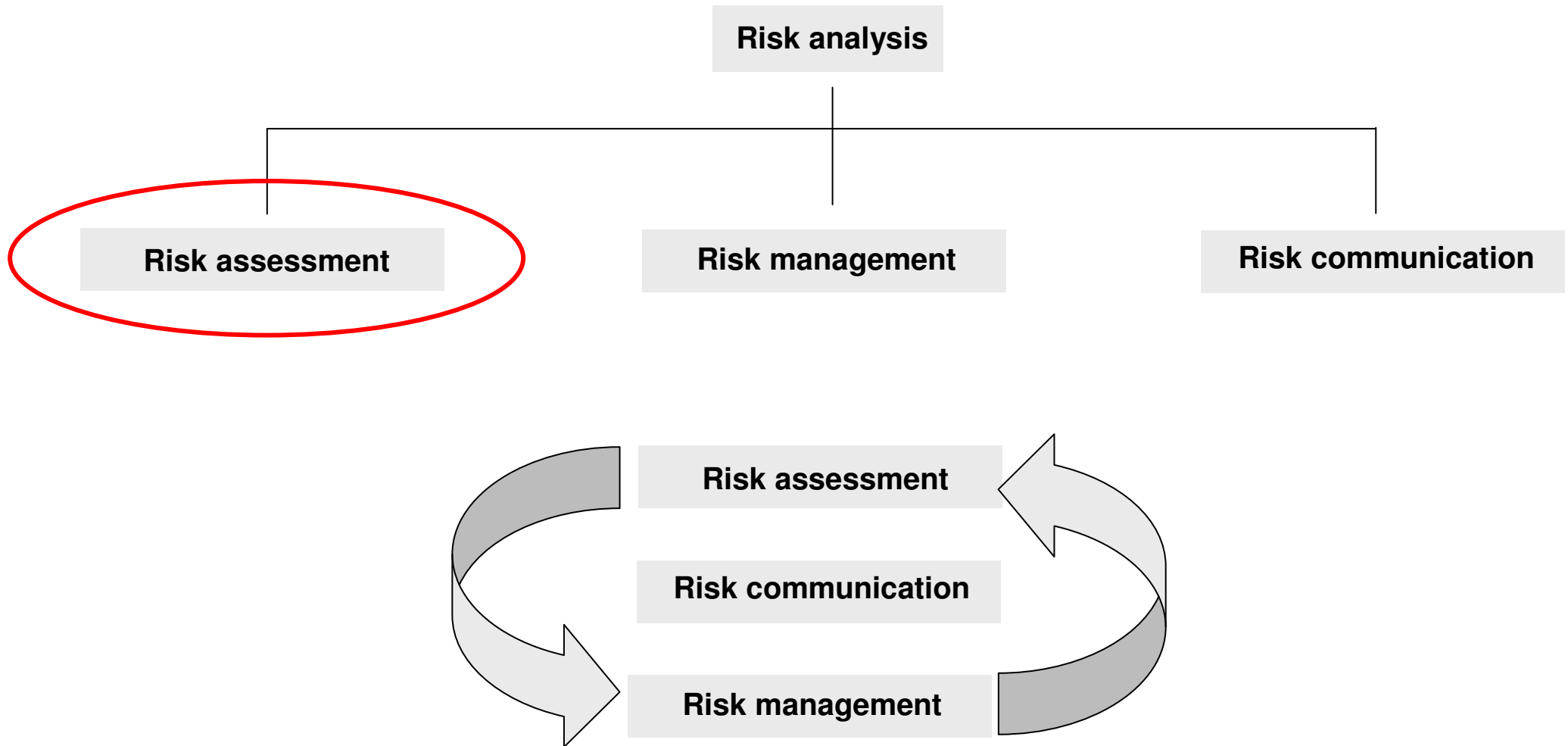
# Definitions



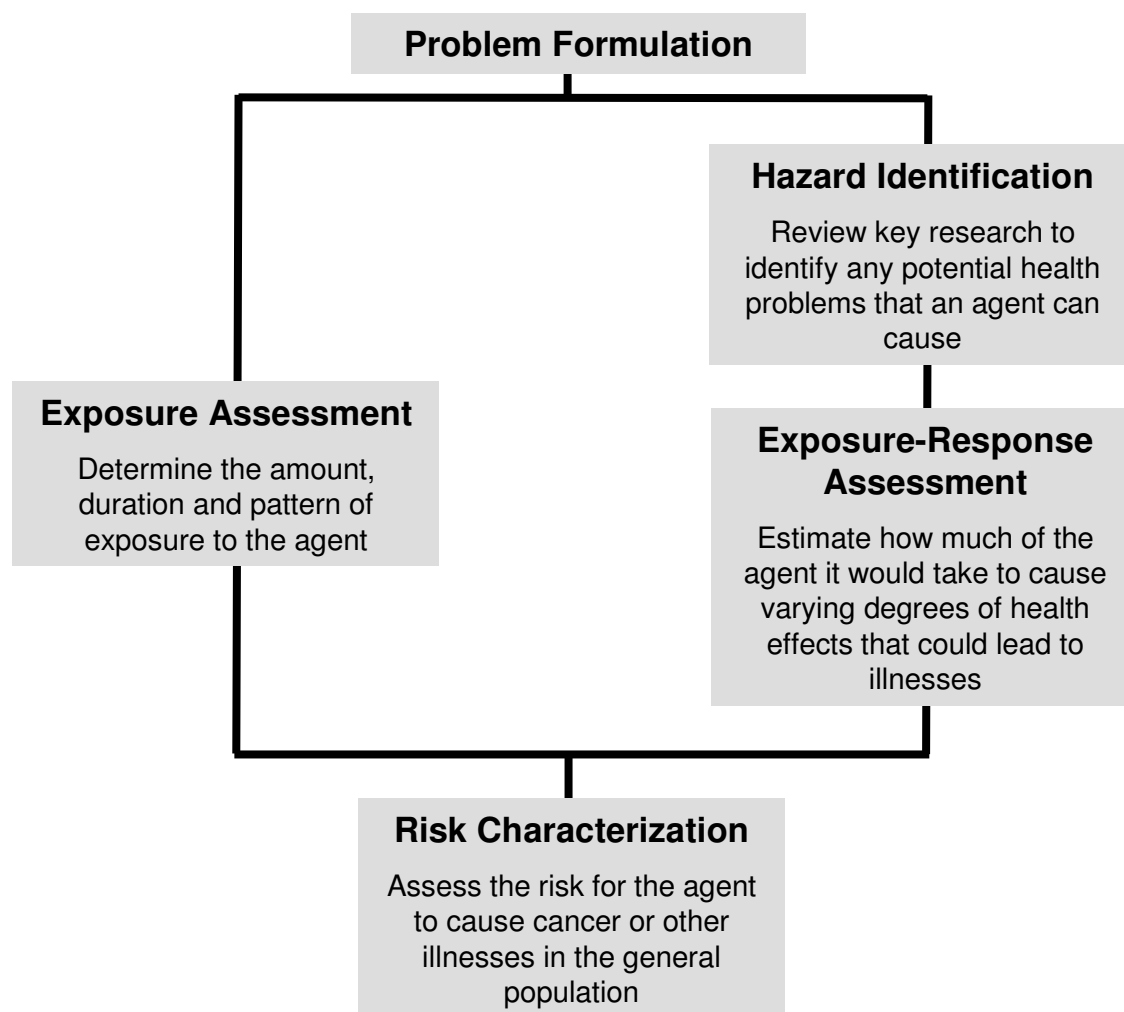
***Risk Assessment in the Federal Government:  
Managing the Process***  
**National Academies Press, 1983**  
**USA**

**"The Red Book"**

# Definitions



# Health Risk Assessment



# Some definitions (cont'd)

- **Hazard Identification**: identifying the type and nature of adverse effects that an agent has as inherent capacity to cause (no magnitude)
- **Exposure-Response Assessment**: quantification of the magnitude, duration, frequency and timing of exposure and the severity and frequency of adverse effects
- **Exposure Assessment**: quantification of the range and frequency of the exposure
- **Risk Characterization**: The qualitative and, if possible, quantitative determination of the probability of occurrence of known and potential adverse effects under defined exposure conditions, including assumptions, scientific judgments, and estimate of uncertainties



# Health Risk Assessments...



# Outline

- Introduction
- Health risk assessment
- WHO HRA monographs
  - IARC monographs on the evaluation of carcinogenic risks to humans
  - Environmental Health Criteria monographs



# WHO Health Risk Assessment

Risk assessment  
of **all health outcomes**  
(*Environmental Health Criteria*)

*International*  
**EMF** *Project*

altrec.com  
OUTDOORS



Hazard identification and classification  
of possible **carcinogens**  
(*Monographs*)

International Agency for  
Research on Cancer (IARC)

Centre International de  
Recherche sur le Cancer (CIRC)



# Background

## IARC Monographs

International Agency for  
Research on Cancer (IARC)

Centre International de  
Recherche sur le Cancer (CIRC)

- The *IARC Monographs* are a series of scientific reviews that identify environmental factors that can increase the risk of human cancer
- Each *Monograph* includes
  - Critical review of the pertinent scientific literature
  - Evaluation of the weight of the evidence that the agent can alter the risk of cancer in humans
- National and international health agencies use the *Monographs*
  - As a source of information on potential carcinogens
  - As scientific support to guide their actions to prevent exposure to potential carcinogens



# Background

## IARC Monographs

International Agency for  
Research on Cancer (IARC)

Centre International de  
Recherche sur le Cancer (CIRC)

- Initiated in 1969
- Criteria established in 1971, last update January 2006  
<http://monographs.iarc.fr/ENG/Preamble/index.php>
- “Carcinogen”: exposure that is capable of increasing the incidence of malignant neoplasms (at any stage of the carcinogenesis)
- 900+ agents have been evaluated
- Volume 80: Non-Ionizing Radiation, Part 1: Static and Extremely Low-Frequency (ELF) Electric and Magnetic Fields, 2002
- Volume 100: review of the human carcinogens that have been identified to date



# Background

## IARC Classification

International Agency for  
Research on Cancer (IARC)

Centre International de  
Recherche sur le Cancer (CIRC)

- For each type of cancer, classify human and animal data separately as:

- Sufficient
- Limited
- Inadequate
- Lack of effect

**Group 1:** Is carcinogenic to humans

**Group 2A:** Probably is carcinogenic

**Group 2B:** Possibly is carcinogenic

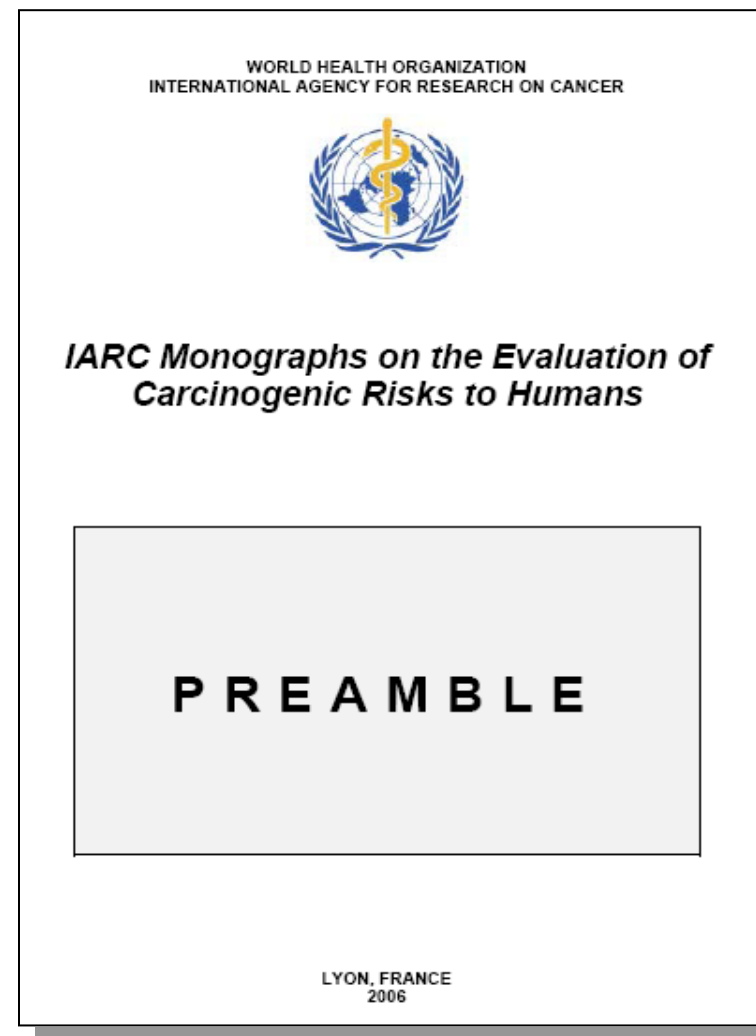
**Group 3:** Not classifiable

**Group 4:** Is probably not carcinogenic

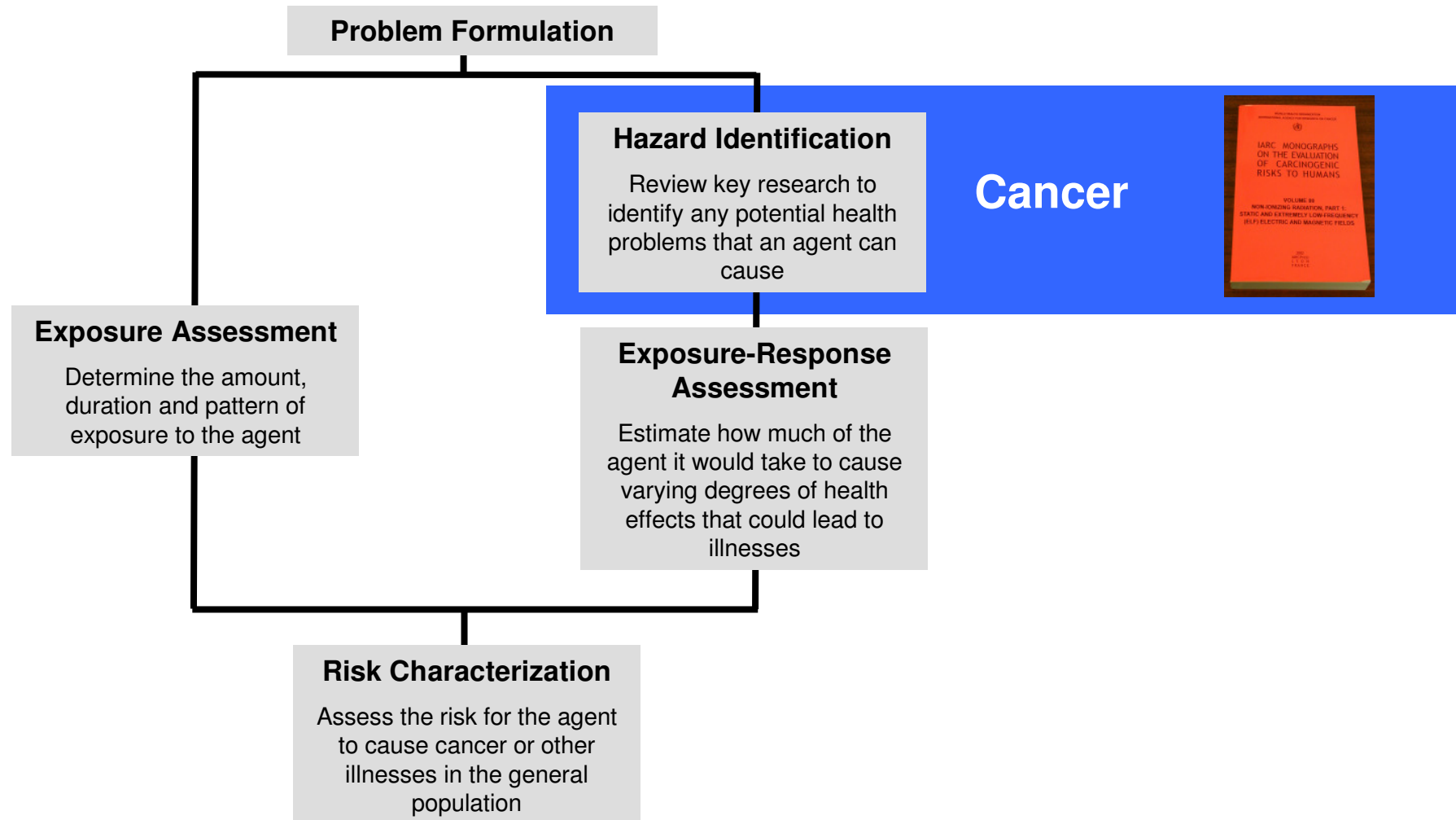


# A matter of scientific judgement

- The Preamble (2006) provide guidance on criteria to use
- Identification of carcinogenicity, but not potency
- <http://monographs.iarc.fr>



# Health Risk Assessment



# Background

## WHO Environmental Health Criteria

- Original impetus for the Programme came from World Health Assembly resolutions and the recommendations of the 1972 UN Conference on the Human Environment
- Subsequently the work became an integral part of the International Programme on Chemical Safety (IPCS), including UNEP, ILO and WHO
- The EHC monographs have become widely established, used and recognized throughout the world



# The International Programme on Chemical Safety (IPCS)

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## IPCS Home

[Chemicals assessment](#)[Methods for chemicals assessment](#)[Chemicals in food](#)[Poisons information, prevention and management](#)[Chemical incidents and emergencies](#)[Capacity building](#)

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### Environmental Health Criteria

Environmental Health Criteria (EHC) documents provide international, critical reviews on the effects of chemicals or combinations of chemicals and physical and biological agents on human health and the environment.

Each EHC follows a standard outline or format, and you can expect to find a summary of the whole document followed by information on identity, sources of exposure, environmental transport, distribution and transformation, environmental levels and human exposure, kinetics and metabolism in laboratory animals and humans, effects on laboratory animals and in vitro test systems. Effects on humans; effects on other organisms in the laboratory and field. An overall evaluation and conclusions for the protection of human health and the environment is found at the end of each document together with needs for further research and details of previous evaluations by international bodies e.g. IARC, JEFCA.

Two different series of Environmental Health Criteria (EHC) documents are available: (1) on specific chemicals or groups of related chemicals; and (2) on risk assessment methodologies. Both are accessible from the numerical listing below. In addition the EHCs on risk assessment methodologies are accessible from the listing of all IPCS methodology publications and projects.

#### ACCESS TO ENVIRONMENTAL HEALTH CRITERIA DOCUMENTS

[List of EHCs in numerical order](#)[List of EHCs \(on chemicals or groups of chemicals\) in alphabetical order](#)[List of EHCs and other IPCS publications and projects on risk assessment methodologies](#)

## NEW PUBLICATIONS

### CICADS

#### CICAD 68

Tetrachloroethene

[Download \[pdf 1.20Mb\]](#)

#### CICAD 67

2-Butoxyethanol

[Download \[pdf 784kb\]](#)

### PESTICIDES

[The WHO Recommended Classification of Pesticides by Hazard](#)

### PREVENTION

[Guidelines on the prevention of toxic exposures](#)

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Mailing address:  
IPCS

# Environmental Health Criteria

- **Target audience**

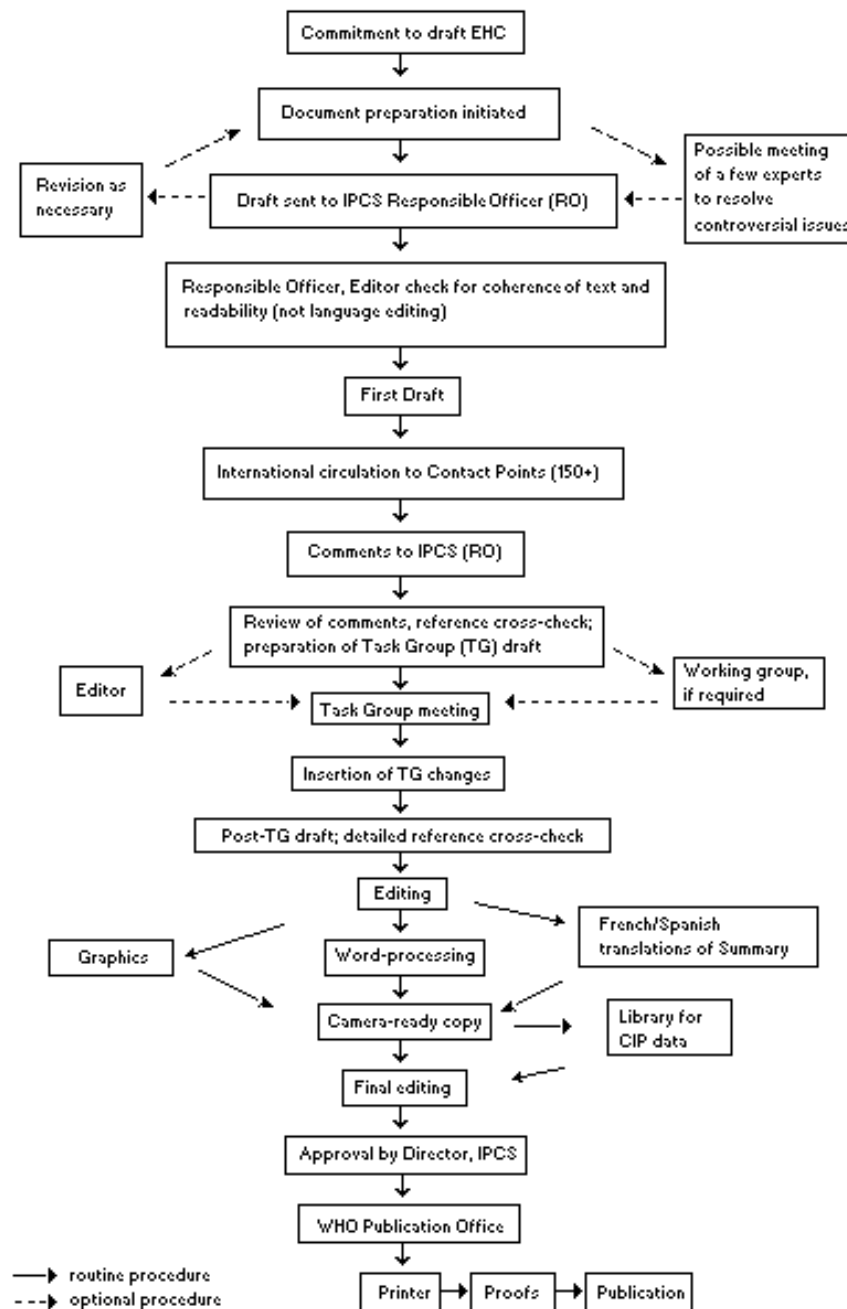
- National and international authorities
- To assist them in making risk assessment and subsequent risk management decisions

- **Reason for development**

- Mandate
- Update
  - EHC 16 Radiofrequency and microwaves (1981)
  - EHC 35 Extremely low frequency (ELF) fields (1984)
  - EHC 69 Magnetic fields (1987)
  - EHC 137 Electromagnetic fields (300 Hz-300 GHz) (1993)



# EHC PREPARATION FLOW CHART



2002

October 2005

June 2007



World Health Organization

# Environmental Health Criteria Contributors

- Chapter authors, expert working group members
- Task Group members
  - Individual scientists, not representatives of their organizations
  - Composition dictated by range of expertise and views, gender and geographical distribution
  - Membership approved by Assistant Director General
  - Role: assess risks to health, reach agreements by consensus, make final conclusions and recommendations that cannot be altered after the Task Group meeting
- Observers
- Secretariat

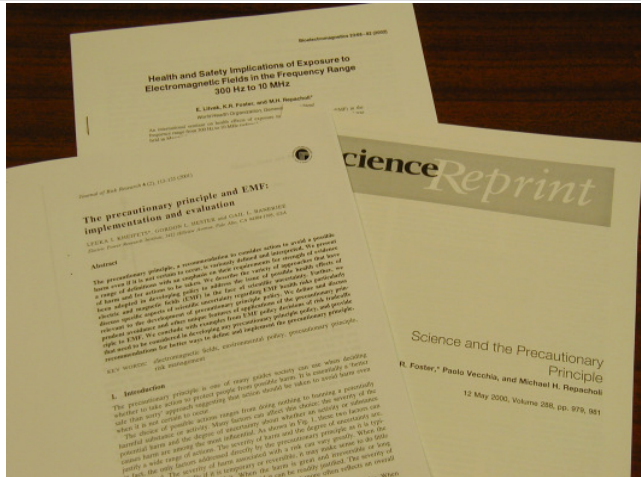


# Environmental Health Criteria

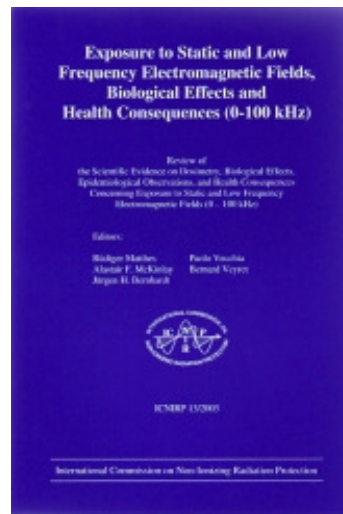
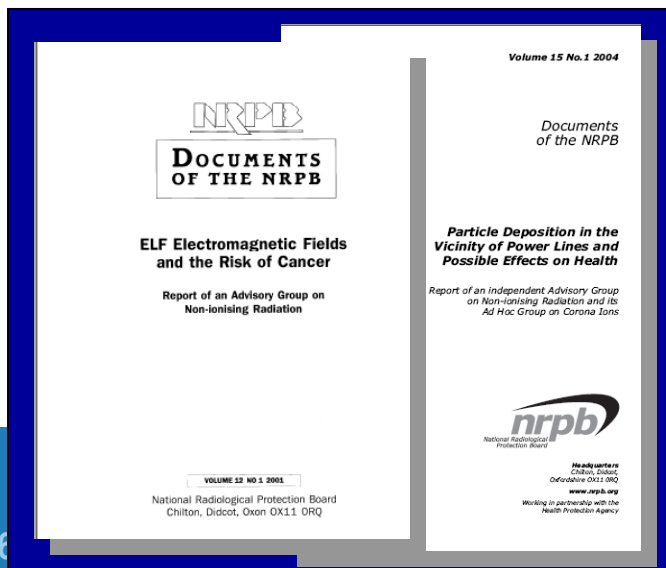
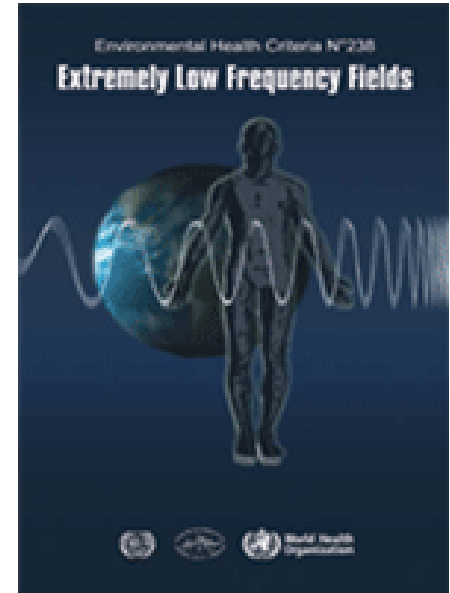
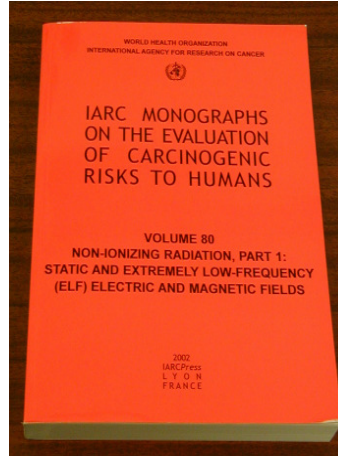
- Development of an extensive database
  - Peer-reviewed scientific publications (Medline, PubMed)
  - Geographical inclusion
  - Use of unpublished reports
  - Use of reviews by other national and international expert review bodies



# Inputs to the ELF EHC



## New data and analysis



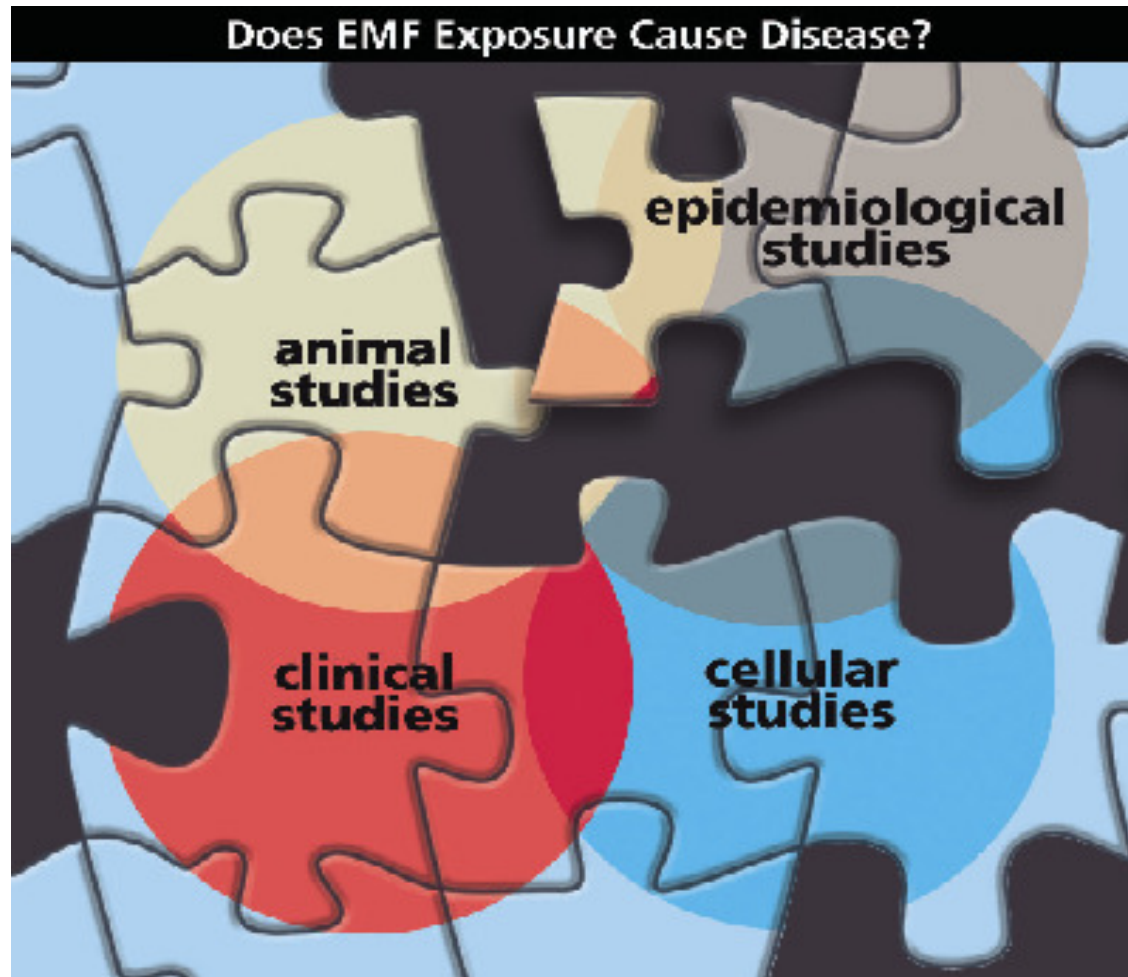
**4 focused  
Expert  
Working  
Groups**



**World Health  
Organization**

# RESEARCH

## Balance of studies needed



<http://www.niehs.nih.gov/emfrapid/booklet/emf2002.pdf>

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Electromagnetic fields (EMF)

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This section is also available in [French](#), [Russian](#) and [Spanish](#).

[Chapter 2: Physical Characteristics \[pdf 103kb\]](#)

[Chapter 3: Natural Background and Human-Made Sources and Exposure \[pdf 177kb\]](#)

[Chapter 4: Measurement of Static Electric and Magnetic Fields \[pdf 75kb\]](#)

[Chapter 5: Interaction Mechanisms \[pdf 107kb\]](#)

[Chapter 6: Dosimetry \[pdf 52kb\]](#)

[Chapter 7: Cellular and Animal Studies \[pdf 147kb\]](#)

[Chapter 8: Human Responses \[pdf 291kb\]](#)

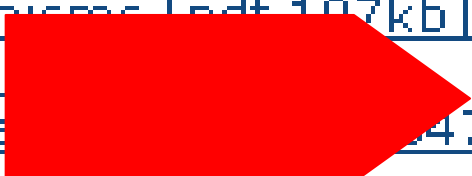
[Chapter 9: Health Risk Assessment \[pdf 130kb\]](#)

[Chapter 10: Recommendations for National Authorities \[pdf 108kb\]](#)

[References \[pdf 274kb\]](#)

[Glossary \[pdf 115kb\]](#)

[Appendix 1: International Guidelines on Exposure to Static Magnetic Fields](#)



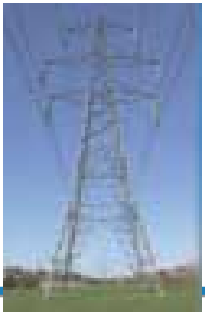
By type

of studies

Local intranet

# ***EHC*** on ELF Fields

## Table of Contents



### Preamble

1. Summary and recommendations for further studies
2. Sources, measurements and exposures
3. Electric and magnetic fields inside the body
4. Biophysical mechanisms
5. Neurobehaviour
6. Neuroendocrine system
7. Neurodegenerative disorders
8. Cardiovascular disorders
9. Immune system and haematology
10. Reproduction and development
11. Cancer
12. Health risk assessment
13. Protective measures

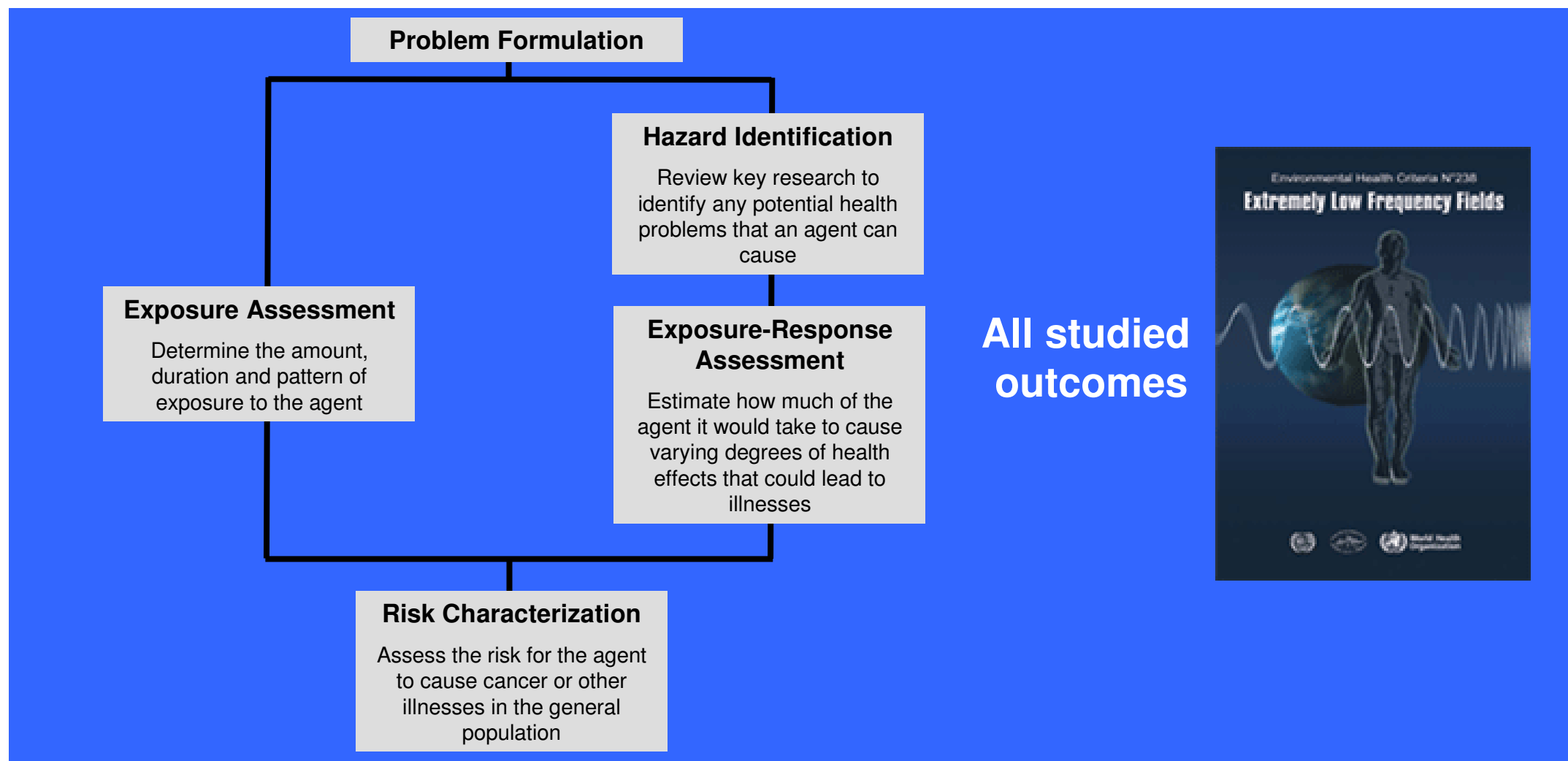


**By disease  
category**

### Appendix

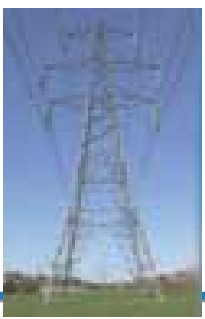


# Health Risk Assessment



# ***EHC on ELF Fields***

## **Table of Contents**



### Preamble

1. Summary and recommendations for further studies
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### Appendix



**World Health  
Organization**

# Other outputs



## Fact sheets

Fact sheet N°322  
June 2007

### Electromagnetic fields and public health Exposure to extremely low frequency fields

The use of electricity has become an integral part of everyday life. Whenever electricity flows, both electric and magnetic fields exist close to the lines that carry electricity, and close to appliances questions have been raised whether exposure to these extremely low frequency (ELF) electric and magnetic fields (EMF) produces adverse health consequences. Since then, much research has been resolving important issues and narrowing the focus of future research.

In 1996, the World Health Organization (WHO) established the International Electromagnetic Fields Project to investigate potential health risks associated with technologies emitting EMF. A WHO ' concluded a review of the health implications of ELF fields (WHO, 2007).

This Fact Sheet is based on the findings of that Task Group and updates recent reviews on the health effects of ELF EMF published in 2002 by the International Agency for Research on Cancer (IARC) under the auspices of WHO, and by the International Commission on Non-Ionizing Radiation Protection (ICNIRP) in 2003.

#### ELF field sources and residential exposures

Electric and magnetic fields exist wherever electric current flows - in power lines and cables, residential wiring and electrical appliances. **Electric** fields arise from electric charges, are measured in volts per metre (V/m) and are shielded by common materials, such as wood and metal. **Magnetic** fields arise from the motion of electric charges (i.e. a current), are expressed in tesla (T), or more commonly in millitesla (mT). In some countries another unit called the gauss, (G), is commonly used (10,000 G = 1 T). These fields are not shielded by most common materials, and pass easily through them. Both types of fields are close to the source and diminish with distance.

Most electric power operates at a frequency of 50 or 60 cycles per second, or hertz (Hz). Close to certain appliances, the magnetic field values can be of the order of a few hundred microtesla. Magnetic fields can be about 20 µT and electric fields can be several thousand volts per metre. However, average residential power-frequency magnetic fields in homes are much lower - about 0.05 µT in North America. Mean values of the electric field in the home are up to several tens of volts per metre.

#### Task group evaluation

In October 2005, WHO convened a Task Group of scientific experts to assess any risks to health that might exist from exposure to ELF electric and magnetic fields in the frequency range >0 to 100 kHz. While IARC examined the evidence regarding cancer in 2002, this Task Group reviewed evidence for a number of health effects, and updated the evidence regarding cancer. The conclusions of the Task Group are presented in a WHO Environmental Health Criteria (EHC) monograph (WHO, 2007).

Following a standard health risk assessment process, the Task Group concluded that there are no substantive health issues related to ELF electric fields at levels generally encountered by members of the public. The remainder of this fact sheet addresses predominantly the effects of exposure to ELF magnetic fields.

#### Short-term effects

There are established biological effects from acute exposure at high levels (well above 100 µT) that are explained by recognized biophysical mechanisms. External ELF magnetic fields induce electric fields in the body which, at very high field strengths, cause nerve and muscle stimulation and changes in nerve cell excitability in the central nervous system.



### 2007 WHO Research Agenda for Extremely Low Frequency Fields

#### Introduction

In 1997, the WHO International EMF Project developed a Research Agenda in order to facilitate and coordinate research worldwide on the possible adverse health effects of electromagnetic fields (EMF). In subsequent years, this agenda has undergone periodic review and refinement.

In October 2005, WHO carried out a health risk assessment of extremely low frequency (ELF) electromagnetic fields up to 100 kHz, which is published as a WHO Environmental Health Criteria monograph<sup>1</sup>. Gaps in knowledge about possible health effects of ELF field exposure are identified in this monograph, and form the basis for research recommendations given in this Research Agenda.

Following a standard health risk assessment process, it was concluded that there were no substantive health issues related to ELF *electric* fields at levels generally encountered by members of the public. Thus this Research Agenda addresses further research concerning the possible acute and long term effects of exposure to ELF *magnetic* fields.

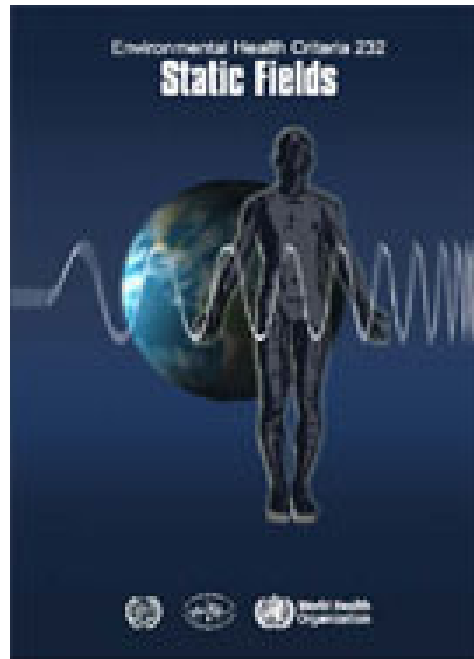
In general, acute effects are known to result from exposure to ELF magnetic field which induces electric fields and currents in the body. These can, at high experimentally induced field strengths (well above 100 µT), cause nerve and muscle stimulation and changes in nerve cell excitability in the central nervous system. Various research recommendations are made which address uncertainty in the threshold levels of these acute effects. With regard to long term effects, epidemiological studies have presented data indicating an association between ELF exposure above approximately 0.3-0.4 µT and an increased risk of childhood leukaemia. Despite several decades of work, however, compelling evidence from experimental studies to support a causal relationship is lacking. In addition, there is no widely accepted mechanism by which ELF fields at normal environmental and occupational exposure levels might affect the incidence of cancer or any other disease in the human population. Therefore, there is a need to support the epidemiological evidence by establishing an in vitro cell response or animal model response to ELF fields that is widely transferable between laboratories, if indeed such responses occur.

Most studies carried out have concerned the possible effects of exposure to power frequency fields. Further research on intermediate frequencies, usually taken as frequencies between 300 Hz and 100 kHz, is required given the present lack of data in this area. For these frequencies very little of the required knowledge base for a health risk assessment has been gathered and most existing studies have contributed inconsistent results, which need to be further substantiated. General requirements for constituting a sufficient intermediate frequencies

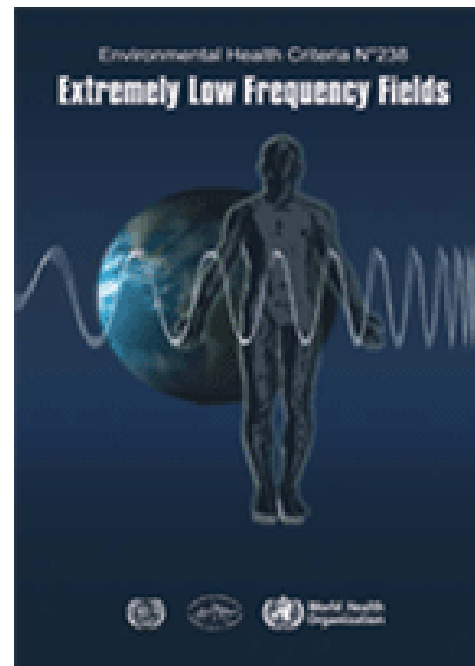
<sup>1</sup> World Health Organization (2007). Extremely Low Frequency Fields. Environmental Health Criteria 238. Geneva, World Health Organization (see: [www.who.int/emf](http://www.who.int/emf)).

# Environmental Health Criteria

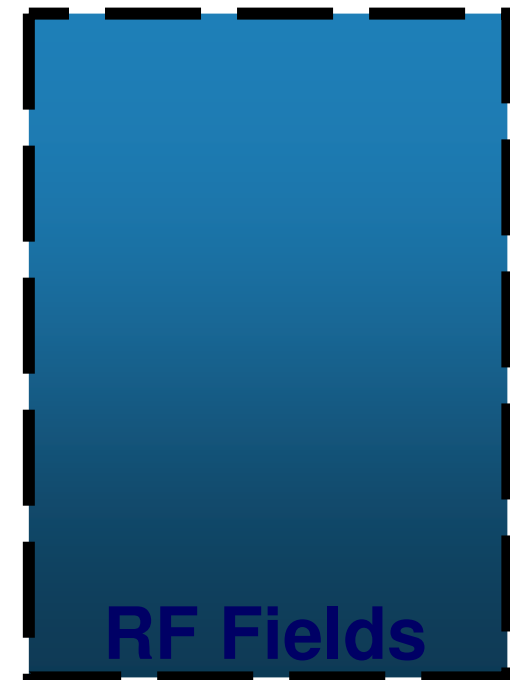
## Electromagnetic Fields



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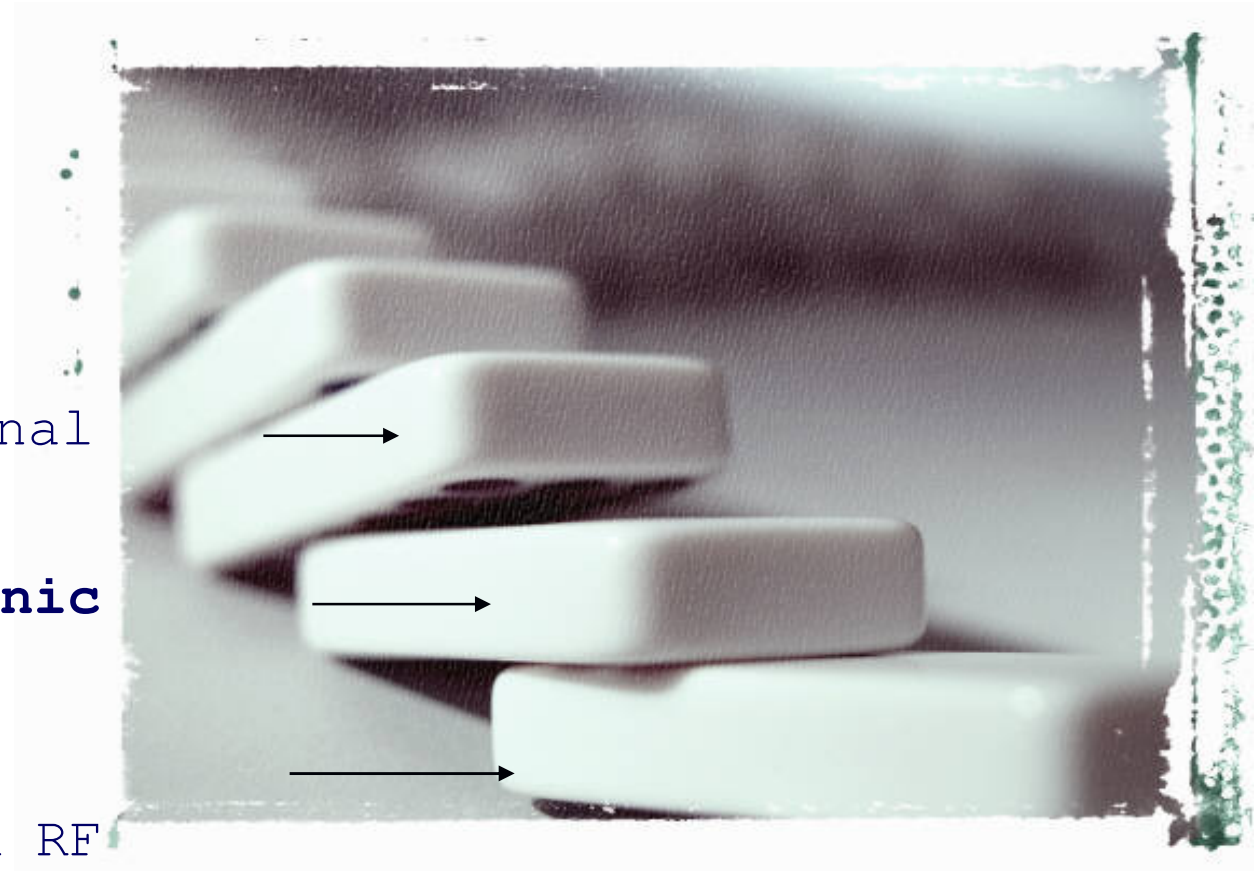
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# RF EHC ....

**INTERPHONE** multinational  
epidemiologic study

**IARC** evaluation of **carcinogenic**  
risks to humans from RF

**WHO** assessment of all  
health risks to humans from RF





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